


# Red Dragon West Covina Class Schedule

CLASS	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Morning						8:00am
Morning classes						<b>CARDIO KICKBOXING</b>
9:30am						Mini Dragons 9:30am
10:00am		ADULT ONLY Group Class ALL Levels		ADULT ONLY Group Class ALL Levels		SPARRING Yellow/Orange age 6-12
10:45am						SPARRING Blue-Black age 6-12
11:30am						SPARRING Teen Adult All Ranks
12:15pm						<b>COMPETITION</b> Class (invite only)
3:00pm						<b>Birthday Parties</b>
3:30PM						<b>Special Events</b>
4:00 PM					<b>PRIVATE LESSON DAY</b>	<b>Birthday Parties</b>
4:30 PM	Mini Dragons Age 4-6		Mini Dragons Age 4-6		<b>PRIVATE LESSON DAY</b>	
5:00 PM	Yellow Orange Belts age 6-12		Blue- Black age 6-12		<b>PRIVATE LESSON DAY</b>	
5:45 PM	Blue- Black age 6-12	<b>YELLOW Belt SPECIALTY</b>	Yellow Orange Belts age 6-12	<b>GREEN Belt SPECIALTY</b>	<b>PRIVATE LESSON DAY</b>	
6:30 PM	White Belts All Ages	<b>ORANGE Belt SPECIALTY</b>	White Belts All Ages	<b>BROWN Belt SPECIALTY</b>	Black Belt Club Class 6:00pm	
7:00 PM	Teen/Adult class Yellow belt & above	<b>BLUE Belt SPECIALTY</b>	Teen/Adult class Yellow belt & above	<b>BLACK Belt SPECIALTY</b>		
7:45 PM					<b>Special Events</b>	
8:00 PM		<b>CARDIO KICKBOXING</b>		<b>CARDIO KICKBOXING</b>	<b>Special Events</b>	